

CURRICULUM VITAE

Mona Stepansky, Ph.D., ABPP-CN

Maiden Name: Abad

Board Certified Pediatric Neuropsychologist
Licensed Clinical Psychologist (IL #071-007788)

OFFICE

BrainTree Neuropsychological Services
1101 Lake Street, Oak Park, IL 60301

Phone: (708) 445-3771

Fax: (708) 746-0445

Email: monastepansky@braintreeservices.com

EDUCATIONAL BACKGROUND

Post-doctoral Fellowship in Pediatric Neuropsychology
Alexian Brothers Neurosciences Institute, Elk Grove Village, IL

Ph.D. in Clinical Psychology
Loyola University Chicago, Chicago, IL

Pre-doctoral Internship in Neuropsychology
North Shore – Long Island Jewish Health System, Glen Oaks, NY

Master of Arts in Clinical Psychology
Loyola University Chicago, Chicago, IL

Bachelor of Arts in Psychology, Summa Cum Laude
University of San Francisco, San Francisco, CA

ACADEMIC HONORS, AWARDS, AND FELLOWSHIPS

Travel Fellowship, Carnegie Symposium on Cognition: Brain Systems in Autism
Student Commencement Speaker, Loyola University Chicago
Student Award for Excellence in Teaching, Recipient, Loyola University Chicago
Student Award for Excellence in Teaching, Nominee, Loyola University Chicago
Graduate Teaching Assistantship, Loyola University Chicago
Merit-Based Tuition Scholarships, Loyola University Chicago
Graduate Research Assistantships, Loyola University Chicago
Graduated with Honors, Summa Cum Laude, University of San Francisco
Dean's Medal for Excellence, Finalist, University of San Francisco
Alpha Sigma Nu, National Jesuit Honor Society, Member
Psi Chi USF, National Honor Society in Psychology, Vice-President
Undergraduate Dean's List, University of San Francisco

INVITED TALKS

Stepansky, M. (2012, April). *What's Coming: The DSM-V Criteria and Beyond*. Presentation at the Spring Pediatric Symposium – Autism Spectrum Disorder 2012, Alexian Brothers Health System, Hoffman Estates, IL.

Stepansky, M. (2011, July). *An Evening with a Pediatric Specialist*. Continuing Education presentation for the Faculty of Pediatrics, St. Alexius Medical Center, Hoffman Estates, IL. .

Stepansky, M. (2010, March). *Neuropsychological Testing with Autism Spectrum Disorders*. Presentation at the Autism Roundtable Discussion, Alexian Brothers Behavioral Health Hospital, Hoffman Estates, IL.

Stepansky, M. (2009, January). *Pediatric Neuropsychology*. Presentation at the Intern Seminar and Case Conference, Alexian Brothers Behavioral Health Hospital.

Abad, M. & Apling, G. (2003, December). *Neuropsychological Consequences of Hydrocephalus*. Presentation at the Neuropsychology Seminar and Case Conference, University of Illinois Chicago Medical Center.

Abad, M. (2002, December). *Family Cohesion and Medical Adherence in Young Adolescents with Spina Bifida: The Mediational Role of Self-Esteem*. Presentation at the Child-Clinical and Developmental Brown Bag Series, Loyola University Chicago.

PUBLICATIONS

Stepansky, M., Roache, C., Holmbeck, G. N., & Schultz, K. (2010). Medical adherence in young adolescents with spina bifida: Longitudinal associations with family functioning, *Journal of Pediatric Psychology*, *35*, 167-176.

Holmbeck, G. N., Thill, A. W., Bachanas, P., Garber, J., Miller K. B., **Abad, M.**, Bruno, E. F., Carter, J. S., David-Ferdon, C., Jandasek, B., Mennuti-Washburn, J., O'Mahar, K. & Zukerman, J. (2008). Evidence-based assessment in pediatric psychology: Measures of psychosocial adjustment and psychopathology, *Journal of Pediatric Psychology*, *33*, 958-980.

Alderfer, M. A., Fiese, B., Gold, J. I., Cutuli, J. J. Holmbeck, G. N., Goldbeck, L., Chambers, C., **Abad, M.**, Spetter, D., & Patterson, J. (2008). Evidenced-based assessment in pediatric psychology: Family measures, *Journal of Pediatric Psychology*, *33*, 1046-1061.

Holmbeck, G. N., Friedman, D., **Abad, M.**, & Jandasek, B. (2006). Development and psychopathology in adolescence. In D. A. Wolfe & E. J. Mash (Eds.) *Behavioral and Emotional Disorders in Adolescents: Nature, Assessment, and Treatment* (pp. 21-55). New York, NY: Guilford

Holmbeck, G. N., O'Mahar, K., **Abad, M.**, Colder, C., & Updegrove, A. (2006). Working with adolescents: Guides from developmental psychology. In P. C. Kendall (Ed.) *Child & Adolescent Therapy: Cognitive-Behavioral Procedures* (2nd ed., pp. 419-464). New York, NY: Guilford.

Friedman, D., Holmbeck, G. N., Jandasek, B. Zukerman, J. & **Abad, M.** (2004). Parent functioning in families of preadolescents with spina bifida: Longitudinal implications for child adjustment. *Journal of Family Psychology*, *18*, 609-619.

POSTER PRESENTATIONS

Stepansky, M., Davis, A. & Dorflinger, J. (June, 2010). *Adaptive Functioning in Children with Autism Spectrum Disorders*. Poster presented presentation at the 8th Annual Conference of the American Academy of Clinical Neuropsychology, Chicago, IL.

Stepansky, M., Dorflinger, J., & Davis, A. (May, 2010). *The Effects of Comorbid Diagnoses on the Behavioral and Emotional Functioning of Children on the Autism Spectrum*. Poster presented at the Midwest Neuropsychology Group Meeting, Ann Arbor, MI.

Stepansky, M., Felix, L., Ainsworth, C., O'Brien, K., King, A., Dorflinger, J., & Davis, A. (February, 2010). *Attention Difficulties in Children with Autism Spectrum Disorders*. Poster presented at the 39th Annual International Neuropsychological Society Meeting, Acapulco, Mexico.

Felix, L., O'Brien, K., King, A., **Stepansky, M.,** Ainsworth, C., Davis, A. & Dorflinger, J. (February, 2010). *Executive Functioning Skills in High Functioning Autism Spectrum Disorders and Attention Deficit Hyperactivity Disorder Combined Type*. Poster presented at the 39th Annual International Neuropsychological Society Meeting, Acapulco, Mexico.

Ainsworth, C., King, A., O'Brien, K., **Stepansky, M.,** Felix, L., Davis, A. & Dorflinger, J. (February, 2010). *Behavioral Profiles in Early versus Late Age of Diagnosis in Asperger's Syndrome*. Poster presented at the 39th Annual International Neuropsychological Society Meeting, Acapulco, Mexico.

Demopoulos, C., **Stepansky, M.,** & Lewine, J.D. (May, 2009). *Visual Processing Ability Predicts Facial Affect Comprehension in Children with Autism Spectrum Disorders*. Poster presented at the 8th Annual International Meeting for Autism Research, Chicago, Illinois.

Lewine, J.D., Stein, M., Demopoulos, C., & **Stepansky, M.** (May, 2009). *Patterns of Epileptiform Activity in Autism as Revealed by MEG*. Poster presented at the 8th Annual International Meeting for Autism Research, Chicago, Illinois.

Lewine, J.D., Demopoulos, C., & **Stepansky, M.** (May, 2009). *Sound Sensitivities in Autism: Evaluation by MEG and Treatment by AIT*. Poster presented at the 8th Annual International Meeting for Autism Research, Chicago, Illinois.

Stepansky, M., Filerman, S., Velisek, B., O'Brien, K., Dorflinger, J., & Davis, A. (February, 2009) *WISC-IV Profiles of Children with Autism Spectrum Disorders*. Poster presented at the 38th Annual International Neuropsychological Society Meeting, Atlanta, Georgia.

Filerman, S., **Stepansky, M.,** Velisek, B., O'Brien, K., Dorflinger, J., & Davis, A. (February, 2009). *BASC-2 Profiles for Children Diagnosed with Autism, Asperger's Disorder, and Pervasive Developmental Disorder-Not Otherwise Specified*. Poster presented at the 38th Annual International Neuropsychological Society Meeting, Atlanta, Georgia.

Abad, M., Holmbeck, G. N., Bruno Franks, E., Sparks, C., Zukerman, J., & Zurenda, L. (2006, April). *Medical Adherence in Young Adolescents with Spina Bifida*. Poster presented at the National Conference on Child Health Psychology, Gainesville, Florida.

Bruno Franks, E., Holmbeck, G. N., **Abad, M.,** Essner, B. & Fischer, C. (2006, April). *Longitudinal Changes in Parent and Child Expectancies of Future Independence for Youth with Spina Bifida: From Pre-adolescence to Adolescence*. Poster presented at the National Conference on Child Health Psychology, Gainesville, Florida.

Zukerman, J., **Abad, M.,** Jandasek, B., & Holmbeck, G. N. (2005, April). *Independent Functioning as a Predictor of Psychosocial Adjustment in Adolescents with Spina Bifida*. Poster presented at the Great Lakes Regional Conference on Child Health, Columbus, Ohio.

Bruno Franks, E., **Abad, M.,** Holmbeck, G. N., Carlson, T., Lievens, A., & Schultz, K. (2005, April). *Constancy of Parent and Child Expectancies of Future Independence in Preadolescents with Spina Bifida*. Poster presented at the Great Lakes Regional Conference on Child Health, Columbus, Ohio.

Jandasek, B., **Abad, M.**, Rose, B. M., Zukerman, J. M., Hagstrom, J., Wnek, D. & Holmbeck, G. N. (2004, July). *Behavioral Autonomy and Family Conflict in Adolescents with Spina Bifida*. Poster presented at the 156th Annual Meeting of the American Psychological Association, Honolulu, Hawaii.

Zukerman, J. M., **Abad, M.**, Jandasek, B., Holmbeck, G. N., & Wells, T. (2004, July). *Cognitive Ability and Academic Competence in Adolescents with Spina Bifida*. Poster presented at the 156th Annual Meeting of the American Psychological Association, Honolulu, Hawaii.

Bruno Franks, E., **Abad, M.**, Holmbeck, G. N., & Ross, M. (2004, April). *Negative Parental Affect as a Mediator of the Relationship between Marital Stress and Internalizing and Externalizing Problems in Adolescents with Spina Bifida*. Poster presented at the Society for Pediatric Psychology National Conference on Child Health Psychology, Charleston, North Carolina.

O'Mahar, K., Jandasek, B., **Abad, M.**, McGuinn, K. & Holmbeck, G. N. (2004, April). *Family Processes and Adherence among Adolescents with Spina Bifida*. Poster presented at the Society for Pediatric Psychology National Conference on Child Health Psychology, Charleston, North Carolina.

Franks, E. A., **Abad, M.**, & Holmbeck, G. N. (2004, March). *Moderational Effects of Cognitive Functioning on the Relationship Between Cohesion and Adherence in Youth With Spina Bifida*. Poster presented at the 10th Biennial Meeting of the Society for Research on Adolescents, Baltimore, Maryland.

Abad, M., Franks, E. A., Holmbeck, G. N., Jandasek, B., & Zukerman, J. M. (2003, August). *Family and Adherence in Adolescents with Spina Bifida: A Mediational Model*. Poster presented at the 155th Annual Meeting of the American Psychological Association, Toronto, Canada.

Durlak, J. A., London, L. H., Jason, L. A., **Abad, M.**, Ammar, A., Franks, E. A., Majers, J., Kunz, C., Morgan, D., Lewis, J. S., & Selders, M. (2002, May). *What it Really Means to be Successful in Graduate School*. Panel presentation at the Seventy-fourth Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Cameron, R. P., Wagner, L. S., **Abad, M.**, & Borovik, E. (2002, April). *Ethnic identity, self-construal, and coping strategies*. Poster presented at the Eighty-second Annual Convention of the Western Psychological Association, Irvine, CA.

Abad, M., Cameron, R. P., Wagner, L. S., & Borovik, E. (2001, June). *Coping In College: A Multicultural Perspective*. Poster presented at the Eighth Biennial Conference of the Society for Community Research and Action, Atlanta, Georgia.

Abad, M. & O'Sullivan, M. (2001, February). *Emotional Intelligence and Humor: Convergent and Discriminant Validity*. Poster presented at the Second Annual Meeting of the Society of Personality and Social Psychology, San Antonio, Texas.

CLINICAL EXPERIENCE

Position: Staff Pediatric Neuropsychologist
Site: Alexian Brothers Medical Center – Neurosciences Institute

Position: Postdoctoral Pediatric Neuropsychology Fellow
Site: Alexian Brothers Medical Center – Neurosciences Institute

Position: Predoctoral Neuropsychology Intern
Site: North Shore-Long Island Jewish Health System
Rotations: *Pediatric Neuropsychology Program, Schneider Children's Hospital Medical and Psychiatric Inpatient Services, Schneider Children's Hospital Comprehensive Epilepsy Center, Long Island Jewish Medical Center Movement Disorders Program, North Shore University Hospital Adult Psychiatry Outpatient Clinic, Zucker Hillside Hospital*

Position: Pediatric Neuropsychology Technician
Site: University of Illinois-Chicago Medical Center, Chicago, IL

Position: Child/Adult Neuropsychology Therapy Extern
Site: University of Illinois-Chicago Medical Center, Chicago, IL

Position: Pediatric Neuropsychology Assessment Extern
Site: University of Illinois-Chicago Medical Center, Chicago, IL

Position: Graduate Student Counselor
Site: Wellness Center, Loyola University Chicago, Chicago, IL

Position: Instructional Aide
Site: Lovaas Institute for Early Intervention, San Francisco, CA

RESEARCH EXPERIENCE

Position: Postdoctoral Research Fellow
Project: “Neurobiological Correlates of Language Dysfunction in Autism Spectrum Disorders.” Grant received from the National Institutes of Health, by Jeffrey David Lewine, Ph.D., Alexian Brothers Medical Center – Center for Brain Research

Position: Graduate Research Assistant
Project: “Psychosocial Adjustment in Children and Young Adolescents with Spina Bifida: Family, Peer, and Neuropsychological Factors.” Grant received from the March of Dimes Birth Defects Foundation, by Grayson N. Holmbeck, Ph.D., Loyola University Chicago

Position: Graduate Research Assistant
Project: “Family Risk and Protective Factors and Psychosocial Adjustment in Young Adolescents with Spina Bifida.” Grant received from the March of Dimes Birth Defects Foundation, by Grayson N. Holmbeck, Ph.D., Loyola University Chicago

Position: Graduate Research Assistant
Project: “Risky Contexts and Exposure to Violence in Urban Youth.” Grant received from the National Institute of Mental Health, by Maryse Richards, Ph.D., Loyola University Chicago

Position: Undergraduate Research Assistant
Project: “Stress and Coping in College: A Multicultural Perspective.” Grant received from the Faculty Development Fund, University of San Francisco, by Rebecca P. Cameron, Ph.D. and Lisa S. Wagner, Ph.D., University of San Francisco

Position: Undergraduate Research Assistant
Project: “The Impact of Writing About Stressful Experiences on Symptom Reduction in Children and Adolescents with Cancer.” Hans Steiner, M.D., Cheryl Koopman, Ph.D., Laura Palmer, M.Ed., Psy.D., and Tani Shaffer, B. A., Stanford University School of Medicine

Position: Undergraduate Research Assistant
Project: Supervised research project on Emotional Intelligence, University of San Francisco

TEACHING EXPERIENCE

Position: Full-Time Instructor to Undergraduate Students
Loyola University Chicago, Chicago, IL

Courses: Child Psychopathology, Child Development, Laboratory in Developmental Psychology

Position: Graduate Student Instructor to Undergraduate Students
Loyola University Chicago, Chicago, IL

Courses: Child Psychopathology, Child Development, First Year Seminar

Position: Graduate Teaching Assistant to Graduate Students
Loyola University Chicago, Chicago, IL

Courses: Child Assessment, Intellectual and Personality Assessment

Position: Undergraduate Teaching Assistant to Undergraduate Students
University of San Francisco, San Francisco, CA

Course: Abnormal Psychology

GUEST LECTURES

Loyola University Chicago, Chicago, IL

Lecture Topics:

Schizophrenia

Child Clinical Psychology

Inspecting Distributions of Data

Theories of Child Psychopathology

Assessment and Testing in Clinical Psychology

Autism and ADHD

MMPI-2 and WAIS-III Scoring

Asian Americans: Race and Prejudice

Anorexia and Bulimia

De Paul University, Chicago, IL

Lecture Topics:

Human Development

Research Methods in Psychology

The History of Psychology

Adolescent Mental Health

Social Psychology

Personality